



*The
Healing Lodge
of the
Seven Nations*

YOUTH RESIDENTIAL TREATMENT CENTER

KEEP
ME





SEVEN TRIBAL NATIONS CAME TOGETHER

- ✘ Vision and Foresight of Tribal leaders.
- ✘ Spokane, Kalispel, Colville, Nez Perce, Kootenai, Coeur D'Alene and Umatilla Tribes located in Idaho, Oregon and Washington States.
- ✘ Addressed concern of sending “our children” to far away places for help.
- ✘ Central site was selected (Spokane)
- ✘ Created through Public Law 93.638.
- ✘ Evolved, continued to grow and dream facility was opened in 1996.



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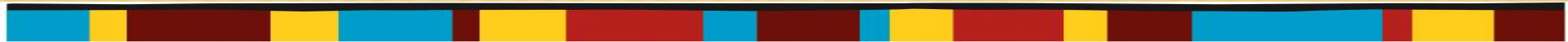
OUR FACILITY





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ENTRANCE





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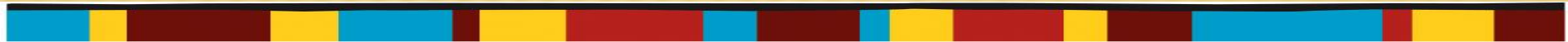
SCHOOL AND CAFETERIA





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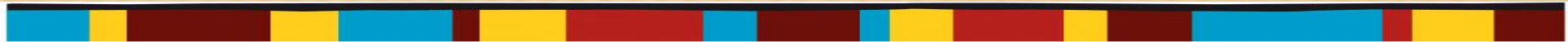
THE MEDICINE WHEEL





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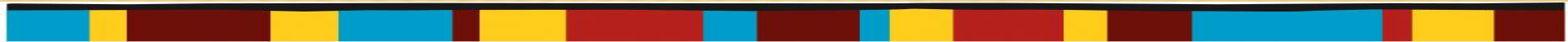
THE TALKING CIRCLE





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THE INNER CIRCLE AND FLAGS





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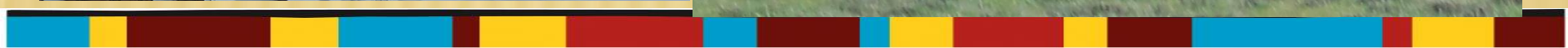
OUTDOOR RECREATION





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WILDLIFE AT THE LODGE





OVERALL COMPLIANCE STANDARDS

- ✘ Washington State Administrative Code (WAC): 203
- ✘ Department of Health (DOH): 593
- ✘ Indian Health Service (Food Service): 45
- ✘ USDA (Food Service): 300 pages of standards
- ✘ CARF International: 1200
- ✘ FIRE MARSHALS (state and local)
- ✘ FINANCIAL OMB A-133: Federal Single Audit Act
- ✘ Spokane Public Schools Contract
- ✘ Behavioral Health Organizations (BHO)
- ✘ OSHA Audit



RESIDENT PROFILE

- ✘ Average number of residents served/yr: 190+
- ✘ Serve youth ages 13-17 years old
- ✘ Serve approximately 73% native youth, serve all.
- ✘ We serve more males than females
- ✘ We have 45 beds: 29 male and 16 female
- ✘ Top three drugs of choice: 1) Marijuana, 2) Alcohol, and 3) Amphetamines
- ✘ Top three mental health diagnosis: 1) ADHD, 2) Depression/Anxiety and PTSD



DISTURBING TREND

Out of 231 denied applications in the past 18 months, we have had to recommend a higher level of care for 81 applicants (29%) due to severe mental health disorders.

1. Suicidal or Self harming(hanging, cutting, burning, drowning) within last 6-months
2. Audio Hallucinations
3. Visual Hallucinations
4. Tactile Hallucinations
5. Overly Aggressive behavior (animal cruelty, fire starting, fighting with weapon involvement)
6. Sexual predation



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YOUTH-EXPRESSION FOR THE FUTURE





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HOLISTIC AND THERAPEUTIC COMMUNITY

- ✘ Voluntary Program (not lock down)
- ✘ Hands-Off Facility
- ✘ Multi-Disciplinary Team Approach
- ✘ Treating Youth with Respect and Dignity at all times.
- ✘ Create a Safe Place



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PROGRAM COMPONENTS



Chemical Dependency Treatment

- Social Justice CD Curriculum
- CD Education (group/1:1)
- **Expressive Arts/ Music**
- Sports, Weight Lifting and Running



Cultural Program

- Root Digging
- Rights of Passage
- Guest Speakers, Dancers, Drummers
- Sweat Lodge Ceremonies
- Cultural Projects
- Groups



Education Program

- GEDs
- High school credit
- High school credit retrieval

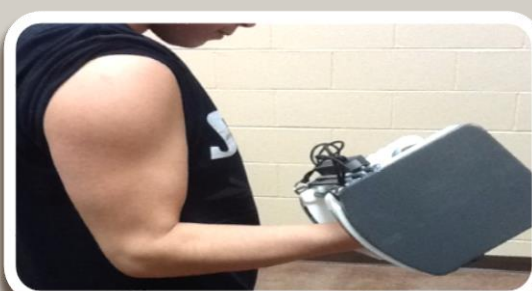


PROGRAM COMPONENTS (CONT'D)



Mental Health

- Mental Health Counselors
- 1 on 1's
- Groups



Recreation

- Basketball
- Softball
- Running
- Hiking
- Volley Ball
- Weight lifting
- Disc Golf



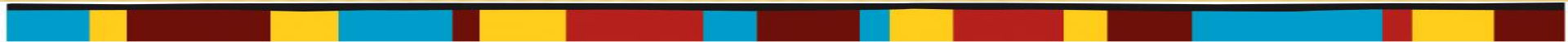
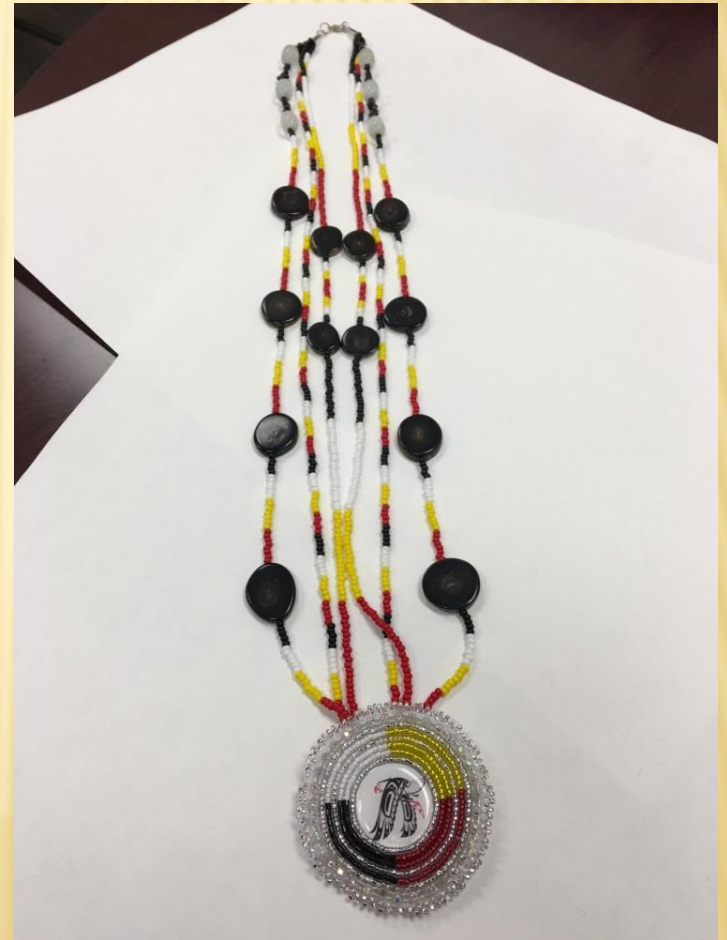
Food Service

- 3 meals per day with 3 snacks per day.
- Sugar-free Diet
- Caffeine-free Diet



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CULTURAL PROJECTS

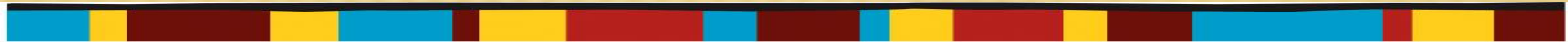




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ANIMAL TEACHINGS

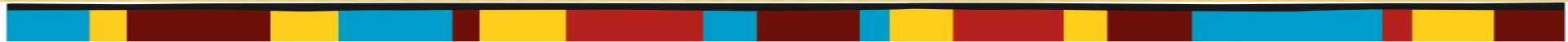
Teachings through stories
Teachings through skins
Discussing traits
Bring self-awareness





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rites of passage





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MUSIC PROGRAM

The Music Program records hundreds of songs by our young residents. Many of those songs have been selected to be on a featured album.

The Music Program has become a core therapeutic tool for the clinical team in addressing trauma and addiction.





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YOUTH – TREATMENT GOAL

